

PurePoint Golf Putting Fundamentals

Table of Contents

Part One —Definition of Putting: <i>The Only Shot You Have to Hit on Every Hole</i>	1
Part Two —Club Selection: <i>Length, Weight, Lie, Grip, Style</i>	2
Part Three —The Method: <i>Why It Works</i>	6
Part Four —The Setup: <i>Ball Centered or Slightly Forward in Stance</i>	8
Part Five —The Setup: <i>Clubhead and Shaft</i>	11
Part Six —The Setup: <i>Your Eyes</i>	14
Part Seven —The Setup: <i>Your Posture</i>	16
Part Eight —Aiming: <i>The Reason You Never Make the Short Ones?</i>	19
Part Nine —The Backswing: <i>Swing the “Y”</i>	20
Part Ten —The Backswing: <i>Straight Back</i>	23
Part Eleven —The Backswing: <i>The Right Shoulder Tilts Up</i>	26
Part Twelve —The Downswing: <i>Straight Down</i>	29
Part Thirteen —The Follow-Through: <i>The Left Shoulder Tilts Up</i>	31
Part Fourteen —The Follow-Through: <i>Clubface Square and Low to the Ground</i>	32
Part Fifteen —Reading Grain: <i>Bent or Bermuda</i>	34
Part Sixteen —Mental Game: <i>“Can’t” Never Did A Darn Thing</i>	36
Part Seventeen —Reading Putts: <i>Easier Than You Think</i>	38
Part Eighteen —Drills: <i>Practice Your Touch</i>	40
Part Nineteen —The Name of the Game: <i>Distance, not Direction</i>	41
Part Twenty —Left Hand Low: <i>I Believe This is the Best Putting Grip</i>	42
Part Twenty-One —Science or Art: <i>It’s a Stroke</i>	43
Part Twenty-Two —Greens: <i>Love Them All</i>	44
Part Twenty-Three —The Picture: <i>Track the Ball into the Hole Before You Hit Your Putt</i>	45
Part Twenty-Four —Training Aids: <i>The Best Ones I Know Of</i>	46
Part Twenty-Five —Stop Talking about How Bad You Are: <i>Tips and Reminders</i>	47